









# The 10 questions to elicit your values

1. What is most important to me in life?
2. What qualities do you admire in others?
3. What do you value most in your relationships with others?
4. When faced with difficult decisions, what factors or considerations guide my choices?
5. What kind of impact do I want to make on the world around me?
6. How do I want to be remembered by others?
7. What defines my success?
8. What principles or values do I consistently rely on to navigate challenges and setbacks?
9. What virtues or characteristics do I admire in others?
10. What brings me a sense of purpose and meaning in life?

Add up the total scores to elicit your values.