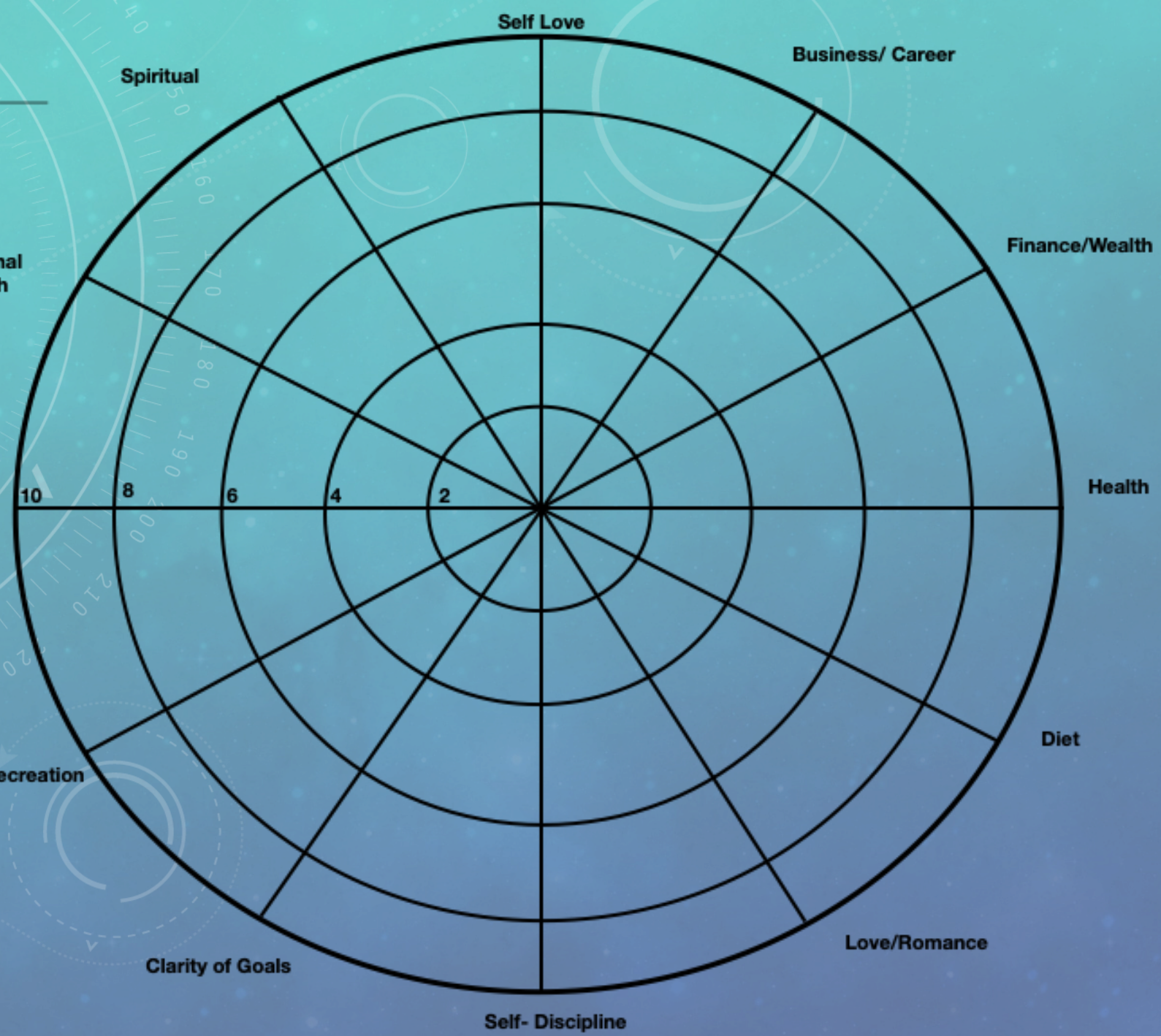


Date: _____



Now that you have completed the wheel you need to answer the following questions as honestly and candidly as possible to allow you to identify where you are in life and what you need to do to become the person you were born to be...

1. Self Love

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

2. Business/Career

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

3. Finance/Wealth

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

4. Health

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

5. Diet

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

6. Love/Romance

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

7. Self Discipline

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

8. Clarity of Goals

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

9. Fun/Recreation

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

10. Contribution

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

11. Personal Growth

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?

12. Spirituality

Are you happy with your rating for this category?

Where would you like it to be?

What 3 changes need to happen?

What will happen if you don't make these changes?

What date are you setting yourself to achieve this increase?

What reward are you going to give yourself for this outcome?
